



PROGRESSPLUS™

a custom wellness program

Get the support you need to be healthy & happy with Legacy Rehabilitation Group. Work one-on-one with a licensed physical or occupational therapist to carry out an individualized exercise plan customized to your personal fitness goals & abilities.



WE OFTEN ADDRESS:

- Balance
- Strength & Endurance
- Flexibility & Range of Motion
- Difficulty Walking & Transferring

CONDITIONS WE COMMONLY WORK WITH:

- Degenerative Joint Disease
- Progressive Muscle Disorders
such as ALS, MS, & others
- Alzheimer's & other Dementias
- COPD/Emphysema
- Congestive Heart Failure (CHF)
- Brain Injury – *including traumatic, stroke & more*

PRICING*

4 Weeks (12 Sessions).....	\$450
8 Weeks (24 Sessions).....	\$900 \$840



LEGACY

rehabilitation group

Outpatient Therapy & Pain Management

CURRENTLY IN THERAPY?

Now is the perfect time to get set up with our ProgressPlus™ program! Take the opportunity to work with a skilled therapist to maintain all the progress you have worked so hard to achieve!

Get the Support you Need to Stay Healthy and Independent in Your Home.

CALL TODAY. 763-267-6654

www.legacyrehab.org

*Cash or credit accepted. Payment due before first session. Month by month contract with ability to cancel at any time.